

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Frik Bodenstein

Has successfully participated & completed the

5km Trail PlanetFitness Trail Run

held at Bezhoek Farm.

**TIME** 01:28:39

PACE 17:42/km

**OVERALL** 15 of 18

05 October 2019, Sat

Date

**GENDER** 9 of 9

**OPEN** 4 of 4



Bout Time

Signature